

# Make Summer Easy and Joyful

---

By Lynnette Begue Lavery



**W**e all anticipate summer with great joy! Ever since we were children, we were programed to look forward to summer! As adults, we continue that trend using it to complete tasks when our schedules 'calm down' or for well-deserved personal time. Academic schedules end, new schedules begin and before you know it we have a new task list. Why not make simplifying your daily routine and wardrobe on that list too.

Your image matters, not because of what other people think, but because of how it makes you feel! Summer is the perfect time to invest in yourself and learn some new tips and tricks that make your summer a breeze. If your clothing could talk, what would it say about you? For example, fun, free-spirit, adventuresome, simple but sophisticated, conservative, comfortable but classy, etc.

Why not work from the reverse by creating a summer capsule that will give you ease and confidence while projecting the image you want to convey?

Start by being intentional. Choose words you want your clothing to say about you. Now apply that to your existing wardrobe. If you need help, look at magazines or images you like and describe them. Chances are you already have several pieces that fit that description. If revitalizing your summer wardrobe sounds like an overwhelming or costly job, try these tips.

You can create a summer capsule using some of the favorite pieces you already own. If you're not sure if they are the right colors for you, make a little investment in yourself and find out. You won't regret it! When you're wearing the right colors,

you're more likely to hear compliments focused on you (You look great) rather than the clothes (That dress is so cute). Your wardrobe capsule will come together easily if you begin with basic pieces that are your best colors and build off of those.

The key is that the basic pieces all match. In other words, I have four tops and four bottoms that I could put any of them together and they would match. I now have 16 different outfits to choose from. If one of my tops is a jacket or sweater I can layer with, I now have more options! Eight to twelve carefully selected interchangeable pieces can easily turn into twenty-four

outfits. Have fun with it. By changing some accessories you can create more! Remember, distinction is the details. Another easy summer idea is to create a travel capsule. Now your bags will be packed and easily ready for vacation or any spontaneous summer adventure!

Just remember, the key to creating a capsule and maximizing your space is choosing items that are all interchangeable. Happy summer and don't forget to protect your skin, too! If you need help getting started, creating a plan, doing a color analysis, or defining your style, contact me for your free consultation at [lynette@uniquelyyourimage.com](mailto:lynette@uniquelyyourimage.com)

*Lynnette Begue-Lavery*

**Your Personal Image Consultant**

*Uniquely Your Image*



## Discover Your Inner Beauty

- ♥ LIFE™ Style Beauty Profiling
- ♥ Skin Care
- ♥ Wardrobe Consultation
- ♥ Color Analysis
- ♥ Personal Shopping

Did you know?  
**ONLY**  
**20%**  
of visible skin aging comes from the natural aging process.  
MARY KAY

Take the  
**LIFE™ Style Beauty Profile Quiz**



Be inspired.  
Delighted.  
And full of smiles.  
discover what you LOVE.

Call 330-474-9016

Email Lynnette

Visit Website